

BREAKS

TOP PICK

The Healthy Alternative \$9.99 per person

Get healthy with our Heart-Happy Break

🌱🥗 Apples	60 Cal each
🌱🥗🌿 Oranges	50 Cal each
🌱🥗 Bananas	110 Cal each
🌱 Pears	100 Cal each
🌱 Individual Yogurt Cups	50-150 Cal each
🌱 Trail Mix	290 Cal each
🌱 Granola Bars	190 Cal each

Snack Attack \$6.79 per person

The perfect blend of Sweet and Salty to get you through your day!

🌱 Individual Bags of Chips	100-160 Cal each
🌱 Roasted Peanuts	170 Cal/1 oz. serving
🌱 Trail Mix	290 Cal each
🌱 Assorted Craveworthy Cookies	210-260 Cal each
🌱 Bakery-fresh Brownies	250 Cal/2.25 oz. serving

🌱 Assorted Craveworthy Cookies

\$14.79 per dozen 210-260 Cal each

🌱 Bakery-Fresh Brownies

\$16.49 per dozen 250 Cal/2.25 oz. serving

🌱 Vegetarian 🌱 Vegan

🥗 Eat Well 🌿 Plant Forward

*All packages include necessary accompaniments and condiments

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

BEVERAGES

Starbucks Regular or Decaf Coffee	\$23.09 per gallon	0 Cal/8 oz. serving
Bottled Water	\$1.99 each	0 Cal each
Assorted Sodas (Canned)	\$1.99 each	0-150 Cal each
Iced Tea	\$15.99 per person	10 Cal/8 oz. serving
Lemonade	\$15.99 per person	90 Cal/8 oz. serving

CONTACT US TODAY

817.531.4490
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Prices effective until 07/01/2023
Prices may be subject to change

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TEXAS WESLEYAN CATERING



fresh food on the go







SUNRISE STARTERS

TOP PICK

Healthy Choice \$11.59 per person








Individual Cereal Cups	180-230 Cal each
Milk	120 Cal each
  Bananas	110 Cal each
Assorted Individual Yogurt Cups	50-150 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Basic Beginnings \$8.29 per person









Choice of One (1) Breakfast Pastry:	
 Assorted Danish	210-530 Cal each
 Assorted Muffins	400-510 Cal each
 Assorted Scones	400-440 Cal each
 Assorted Bagels	290-450 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



Quick Start \$9.29 per person

Choice of three (3) Breakfast Pastries:	
 Assorted Danish	210-530 Cal each
 Assorted Muffins	400-510 Cal each
 Assorted Scones	400-440 Cal each
 Assorted Bagels	290-450 Cal each
   Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

A LA CARTE BREAKFAST

 Assorted Bagels	210-530 Cal each
\$17.99 per dozen	
 Assorted Muffins	400-510 Cal each
\$17.99 per dozen	
 Assorted Scones	290-450 Cal each
\$17.99 per dozen	
 Assorted Danish	210-530 Cal each
\$17.99 per dozen	
   Seasonal Fresh Fruit Platter	\$2.59 per person 40 Cal/2.5 oz. serving
 Assorted Individual Yogurt Cups	\$2.59 each 80-150 Cal each

*All packages include necessary accompaniments and condiments






2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.






FAVORITE LUNCH PACKAGES

TOP PICK






The Main Event \$17.99 per person

Choice of Three (3) Classic Sandwiches served with a Tossed Green Salad and Two (2) Side Salads accompanied by Chips, Assorted Craveworthy Cookies and choice of Beverages	
   Tossed Salad	50 Cal/3.5 oz. serving
Choice of Two (2) Side Salads	30-240 Cal each
 Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving



Deli Express \$14.99 per person

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.	
Choice of Two (2) Side Salads	
 Individual Bag of Chips	100-160 Cal each
 Assorted Baked Breads and Rolls	110-230 Cal each
Deli Platter (Turkey, Roast Beef, Ham, Tuna)	25-80 Cal/1 oz. serving
 Cheese Tray (Cheddar and Swiss)	110 Cal/1 oz. serving
 Relish Tray (Lettuce, Tomato, Onion, Pickles and Pepperoncini)	0-20 Cal/2 oz. serving
 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving




A Salad Affair \$14.99 per person

Choice of Three (3) Classic Entrée Salads accompanied by Fresh Bread, a Seasonal Fresh Fruit Platter, Assorted Craveworthy Cookies and choice of Beverages	
 Bakery-Fresh Rolls with Butter	160 Cal each
   Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Choice of Three (3) Classic Entrée Salads	240-720 Cal each
 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Classic Box Lunch - Sandwich \$12.99 per person

Choice of One (1) Classic Sandwich served with Potato Chips, Assorted Craveworthy Cookies and Bottled Water	
Choice of One (1) Classic Sandwich	130-790 Cal each
 Individual Bag of Chips	100-160 Cal each
 Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each



Classic Box Lunch - Salad \$15.39 per person

Choice of One (1) Classic Entrée Salad served with Bakery-Fresh Roll with Butter, Fresh Fruit Cup, Assorted Craveworthy Cookies and Bottled Water	
Choice of One (1) Classic Entrée Salad	240-720 Cal each
 Bakery-Fresh Rolls with Butter	160 Cal each
 Fresh Fruit Cup	40 Cal/2.5 oz. serving
 Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each



CLASSIC SANDWICHES

(Available Sandwich choices for the Classic Boxed Lunch - Sandwich and The Main Event)

Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread	420 Cal each
Roast Beef with Tarragon Horseradish Spread on Wheatberry Bread	430 Cal each
Turkey, Bacon and Garlic Aioli Ciabatta	710 Cal each
Chicken Caesar Wrap	640 Cal each
Chicken and Pepper Jack Baguette with Pico and Guacamole	640 Cal each
  Grilled Vegetables, Provolone, Tomato, Lettuce and Pesto Mayo with Pine Nuts Wrap	620 Cal each











CLASSIC ENTRÉE SALADS

(Available Entrée Salad choices for the Classic Boxed Lunch - Salad and A Salad Affair)

Traditional Garden Chicken Salad with Fresh Iceberg and Romaine Lettuce, Grilled Chicken, Hard-Boiled Eggs and a Balsamic Vinaigrette Dressing	330 Cal each
Traditional Caesar Salad with Shredded Parmesan Cheese and Seasoned Croutons	430 Cal each
Traditional Caesar Salad with Grilled Chicken, Shredded Parmesan Cheese and Seasoned Croutons	560 Cal each
Chicken Cobb Salad with Italian Herb Dressing	450 Cal each
 Traditional Garden Salad with Fresh Iceberg and Romaine Lettuce, Hard-Boiled Eggs and a Balsamic Vinaigrette Dressing	240 Cal each

SIDE SALADS

(Included with Deli Express and The Main Event)

   Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
 Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing	240 Cal/4 oz. serving
   Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing	60 Cal/3.75 oz. serving
   Fresh Fruit Salad	40 Cal/2.5 oz. serving
   Roasted Vegetable Pasta Salad	200 Cal/3.75 oz. serving



MEETING ALL DAY?

Full Day Classic

Start out with a Quick Start Breakfast, and add either our Main Event Sandwich Buffet or A Salad Affair Gourmet Salad Buffet for Lunch.

Full Day Classic Sandwiches \$26.99 per person
Salads \$26.99 per person