

# EVENT MENU



# ALL-DAY PACKAGES

## ALL-DAY DELICIOUS \$38.79

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 10 guests or more.

### Delicious Dawn

✔ Assorted Muffins	400-510 Cal each
✔ Assorted Scones	430-470 Cal each
✔    Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### AM Perk Up

✔ Granola Bars	130-220 Cal each
✔ Assorted Yogurt Cups	80-150 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### Power Up Lunch

✔  Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
✔   Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
✔ Bakery-Fresh Rolls with Butter	160 Cal each
✔    Green Beans Gremolata	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto	310 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce	200 Cal/5.75 oz. serving
✔ New York Cheesecake	440 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### PM Pick Me Up

✔ Chilled Spinach Dip with Tortilla Chips	230 Cal/2.25 oz. serving
✔    Grilled Vegetable Tray	70 Cal/3 oz. serving
✔ Freshly Baked Brownies	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## MEETING WRAP UP \$32.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 10 guests or more.

### Morning Mini

✔ Miniature Muffins	80-120 Cal each
✔ Miniature Danish	140-170 Cal each
✔ Miniature Scones	100-110 Cal each
✔ Yogurt Parfait Cups	360-400 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### The Energizer

✔ Donut Holes	45-90 Cal each
✔    Bananas	110 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### It's a Wrap

Chicken Caesar Wrap	640 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	650 Cal each
✔   Grilled Vegetable Wrap	620 Cal each
✔    Seasonal Fresh Fruit Salad	40 Cal/2.5 oz. serving
Choice of One (1) Salad:	
✔    Traditional Garden Salad	50 Cal/3.5 oz. serving
✔ Grilled Vegetable Pasta Salad	120 Cal/3 oz. serving
✔ Individual Bag of Chips	100-160 Cal each
✔ Assorted Craveworthy Cookie	210-260 Cal each
✔ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### Mid-Day Munchies

✔ Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
✔ Salsa Roja	20 Cal/1 oz. serving
✔ Salsa Verde	20 Cal/1 oz. serving
✔ Pico De Gallo	10 Cal/1 oz. serving
✔    Assorted Whole Fruit	50-100 Cal each
✔ Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

# ALL-DAY PACKAGES

## SIMPLE PLEASURES \$24.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 10 guests or more.




### Simple Continental

✔ Assorted Donuts	190-490 Cal each
✔ Assorted Bagels	290-450 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving







### Box Lunch

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Sandwich:

Tuna Salad Ciabatta	540 Cal each
Ham and Swiss Sub	380 Cal each
Turkey & Swiss Sandwich	490 Cal each
✔    Roasted Pepper and Mozzarella Ciabatta	530 Cal each
✔ Individual Bag of Chips	100-160 Cal each
✔ Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving

### Mid-Day Munchies

✔ Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
✔  Salsa Roja	20 Cal/1 oz. serving
✔  Salsa Verde	20 Cal/1 oz. serving
✔  Pico De Gallo	10 Cal/1 oz. serving
✔    Assorted Whole Fruit	50-100 Cal each
✔ Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



Choose one of these 3 packages to sustain you throughout the day.

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# BREAKFAST

## BREAKFAST COLLECTIONS

All prices are per person and available for 10 guests or more.  
All appropriate condiments included.

### Basic Beginnings \$8.29

Choice of One (1) Breakfast Pastry:

- ✓ Assorted Danish 120-530 Cal each
- ✓ Assorted Muffins 400-510 Cal each
- ✓ Assorted Scones 400-440 Cal each
- ✓ Assorted Bagels 290-450 Cal each

Iced Water 0 Cal/8 oz. serving  
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### Quick Start \$9.69

Choice of Three (3) Breakfast Pastries:

- ✓ Assorted Danish 210-530 Cal each
- ✓ Assorted Muffins 400-510 Cal each
- ✓ Assorted Scones 400-440 Cal each
- ✓ Assorted Bagels 290-450 Cal each

🌱 🥗 🍷 Seasonal Fresh Fruit Platter 40 Cal/2.5 oz. serving  
Assorted Juice 110-170 Cal each  
Iced Water 0 Cal/8 oz. serving  
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### Healthy Choice Breakfast \$11.59

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

- ✓ Individual Cereal Cups 120-230 Cal each
- Milk 120 Cal each
- 🌱 🥗 Bananas 110 Cal each
- ✓ Assorted Yogurt Cups 80-150 Cal each
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving



## A LA CARTE BREAKFAST

Assorted Bagels Served with Butter,  
Cream Cheese and Jam 290-450 Cal each  
\$17.99 Per Dozen

Assorted Muffins Served with Butter and  
Jam \$17.99 Per Dozen 400-510 Cal each

Assorted Danish \$17.99 Per Dozen 210-530 Cal each

Assorted Scones Served with Butter and  
Jam \$17.99 Per Dozen 400-440 Cal each

🌱 🥗 🍷 Seasonal Fresh Fruit Platter 40 Cal/2.5 oz. serving  
\$2.59 Per Person

Assorted Individual Yogurt Cups 50-150 Cal each  
\$2.59 Each

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## HOT BREAKFAST

All prices are per person and available for 10 guests or more.  
All appropriate condiments included.

### American Breakfast \$12.99

Choice of One (1) Breakfast Pastry:

Assorted Danish	210-530 Cal each
Assorted Muffins	400-510 Cal each
Assorted Scones	400-440 Cal each
Assorted Bagels	290-450 Cal each
Breakfast Potatoes	120-140 Cal/3 oz. serving
Bacon	60 Cal each
Breakfast Sausage	60-180 Cal each
Cage-Free Scrambled Eggs	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### Sunnyside Scramble \$11.99

Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Breakfast Potatoes	120-140 Cal/3 oz. serving
Country Ham	60 Cal each
Choice of One (1) Cage-Free Egg Scramble:	
Country Egg Scramble	140 Cal/4 oz. serving
California Scramble	330 Cal/6 oz. serving
Western Scramble	300 Cal/6 oz. serving
Chorizo and Egg Scramble	90 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

# BREAKFAST

### Southern Sunrise \$13.49

Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs	180 Cal/4 oz. serving
Shredded Cheddar Cheese	120 Cal/1 oz. serving
Choice of One (1) Breakfast Meat:	
Country Ham	60 Cal each
Crisp Bacon	45 Cal each
Choice of One (1) Southern-Style Breakfast Entrée:	
Biscuits and Gravy	590 Cal/7 oz. serving
Spicy Chicken 'n Waffle	1070 Cal/10.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

*Egg Whites, Turkey Bacon and Turkey Sausage are available upon request  
- nominal fee may apply*



# BREAKFAST

## BREAKFAST ENHANCEMENTS

All prices are per person and available for 10 guests or more.

### Traditional Sandwiches \$5.29

Choice of Two (2) Sunrise Breakfast Sandwiches:

✓ Egg and Cheese English Muffin	260 Cal each
✓ Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	520 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	370 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	590 Cal each
✓ <small>PF</small> Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup	450 Cal each
Spicy Southern Chicken Biscuit with Maple Sriracha Syrup	560 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg on a Everything-Spiced Bagel	370 Cal each
Bacon, Lettuce, Tomato, Avocado and Egg Bagel	460 Cal each

### Just Pancakes \$4.09

✓ Silver Dollar Pancakes	50 Cal each
✓ <small>PF</small> Maple Syrup	70 Cal/1 oz. serving

### Hand-Made Breakfast Tacos \$1.99

Bacon, Egg & Cheese	300 Cal each
Sausage, Egg & Cheese	320 Cal each
Chorizo, Egg & Cheese	330 Cal each
Potato, Egg & Cheese	350 Cal each
Egg & Cheese	240 Cal each

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- nominal fee may apply*



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## CLASSIC COLLECTIONS

All prices are per person and available for 10 guests or more.

### Deli Express \$14.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads	30-240 Cal each
▼ Individual Bags of Chips	100-160 Cal each
▼ Assorted Baked Breads and Rolls	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna)	25-80 Cal/1 oz. serving
▼ Cheese Tray (Cheddar and Swiss)	110 Cal/1 oz. serving
ve Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini)	10 Cal/1 oz. serving
▼ Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### Salad Box Lunches

#### Chicken, Blue Cheese and Pear Salad \$15.39

Grilled Lemon Chicken on a Salad of Pear, Blue Cheese, Walnuts, Crisp Greens and Dijon Vinaigrette	630 Cal each
▼ Bakery-Fresh Roll with Butter	160 Cal each
ve sw pp Fresh Fruit Cup	40 Cal/2.5 oz. serving
▼ Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

#### Salmon Caesar Salad \$16.49

Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons	590 Cal each
▼ Bakery-Fresh Roll with Butter	160 Cal each
ve sw pp Fresh Fruit Cup	40 Cal/2.5 oz. serving
▼ Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

#### Sesame Tofu Garden Salad \$16.49

▼ Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette	330 Cal each
▼ Bakery-Fresh Roll with Butter	160 Cal each
ve sw pp Fresh Fruit Cup	40 Cal/2.5 oz. serving
▼ Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

# SANDWICHES & SALADS

### Classic Box Lunch \$12.99

Your Choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich	130-790 Cal each
▼ Individual Bag of Chips	100-160 Cal each
▼ Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each

### Classic Selections Buffet \$16.99

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	30-240 Cal each
ve Dill Pickle Slices	0 Cal/1 oz. serving
▼ Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
▼ Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### Classic Sandwich Options

(Available Sandwich choices for the Classic Boxed lunch and Classic Selections Buffet)

Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread	420 Cal each
Roast Beef with Tarragon Horseradish Spread on Wheatberry Bread	430 Cal each
Turkey, Bacon and Garlic Aioli Ciabatta	710 Cal each
Chicken and Pepper Jack Baguette with Pico and Guacamole	640 Cal each
▼ pp Grilled Vegetable Wrap with Provolone, Tomato, Lettuce and Pesto Mayo with Pine Nuts	620 Cal each

Additional Premium Box Lunch options  
available upon request!  
Please contact your catering professional

# SANDWICHES & SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 10 guests or more.

### The Executive Luncheon \$18.99

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	30-240 Cal each
✓ <sup>ve</sup> Dill Pickle Slices	0 Cal/1 oz. serving
✓ Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Executive Luncheon Sandwiches	310-790 Cal each
✓ Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### Executive Luncheon Sandwiches

(Available Sandwich Choices for the Executive Luncheon Sandwich Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	730 Cal each
Turkey and Avocado Mayo on Multigrain	380 Cal each
Roast Beef and Fontina Sub	630 Cal each
Spicy Southwest Chicken Baguette with Monterey Jack Cheese and Pico De Gallo	640 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	600 Cal each
Turkey, Bacon, and Ranch Sub with Lettuce and Tomato	420 Cal each
✓ Portobello Ciabatta with Baby Spinach and Sun-Dried Tomato Pesto	440 Cal each



## Side Salad Selections

(Included with Deli Express, Classic Selections, and The Executive Luncheon Buffets)

✓ <sup>ve</sup> ✓ <sup>sw</sup> ✓ <sup>pf</sup> Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
✓ <sup>sw</sup> Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
✓ Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing	240 Cal/4 oz. serving
✓ Pepper Slaw with Red, Green and Yellow Peppers tossed in Jalapeno Chile-Lime Cream	150 Cal/3.5 oz. serving
✓ <sup>sw</sup> Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing	170 Cal/3.5 oz. serving
✓ <sup>ve</sup> ✓ <sup>sw</sup> Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing	60 Cal/3.75 oz. serving
✓ <sup>ve</sup> ✓ <sup>sw</sup> ✓ <sup>pf</sup> Fresh Fruit Salad	40 Cal/2.5 oz. serving
✓ <sup>ve</sup> ✓ <sup>sw</sup> ✓ <sup>pf</sup> Roasted Vegetable Pasta Salad	210 Cal/3.75 oz. serving
✓ <sup>ve</sup> ✓ <sup>pf</sup> Herbed Quinoa Side Salad	100 Cal/3.5 oz. serving
✓ <sup>ve</sup> Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic	120 Cal/4 oz. serving

\*All packages include necessary accompaniments and condiments

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## THEMED BUFFETS

All prices are per person and available for 10 guests or more.  
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### Springtime in Capri - Plant Forward Buffet \$15.19








   Tuscan White Bean Salad	80 Cal/4 oz. serving
 Caprese Salad	150 Cal/4 oz. serving
 Garlic Breadsticks	110 Cal each
   Penne with Fresh Vegetables	180 Cal/9.5 oz. serving
  Penne with Chicken and Kale	230 Cal/7 oz. serving
 Orange Carrot Thimble Cake	80 Cal each

### Soup and Salad Buffet \$16.99

 Garden Fresh Mixed Greens	15 Cal/3 oz. serving
 Ranch Dressing	200 Cal/2 oz. serving
 Italian Dressing	80 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	60 Cal/2 oz. serving
 Roasted Chickpeas	210 Cal/2 oz. serving
 Sliced Red Onions	10 Cal/1 oz. serving
 Shredded Cheese	60 Cal/0.5 oz. serving
 Tomatoes	5 Cal/1 oz. serving
 Cucumbers	5 Cal/1 oz. serving
 Shredded Carrots	10 Cal/0.5 oz. serving
 Croutons	60 Cal/0.5 oz. serving
 Bakery-Fresh Rolls with Butter	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
 Assorted Craveworthy Cookies	210-260 Cal each

## BUFFETS

### Lazy Summer BBQ \$20.19

  Coleslaw	150 Cal/3 oz. serving
 Cornbread Fiesta Muffins	120 Cal each
 Macaroni and Cheese	250 Cal/4 oz. serving
 Baked Beans	180 Cal/4.75 oz. serving
BBQ Chicken	380 Cal/6 oz. serving
Sliced Brisket	350 Cal/5 oz. serving
 Assorted Craveworthy Cookies	210-260 Cal each
 Gourmet Dessert Bars	300-360 Cal/2.75-3.25 oz. serving












# BUFFETS

## THEMED BUFFETS







All prices are per person and available for 10 guests or more.  
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### Latin Flavors \$17.29

<ul style="list-style-type: none"> <li>   Citrus Tex -Mex Salad: Oranges, Tomatoes, Jicama, Romaine and Cilantro topped with Tortilla Straws served with Salsa Ranch</li> <li> Grilled Flatbread</li> <li> Cilantro Lime Rice</li> <li>   Cumin Black Beans</li> <li>Chipotle Orange Roasted Chicken</li> <li>Carne Asada con Papas Ranchero</li> <li> Sopaipillas</li> </ul>	<p>40 Cal/2.4 oz. serving</p> <p>110 Cal each</p> <p>120 Cal/3 oz. serving</p> <p>90 Cal/3 oz. serving</p> <p>390 Cal/6 oz. serving</p> <p>250 Cal/6 oz. serving</p> <p>70 Cal each</p>
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### Asian Accents \$18.29

<ul style="list-style-type: none"> <li>Peanut Lime Ramen Noodles</li> <li>Egg Rolls</li> <li>Choice of Two (2) Dipping Sauces: <ul style="list-style-type: none"> <li> Sweet Soy Sauce</li> <li> Sweet and Sour Sauce</li> <li> Chili Garlic Sauce</li> <li>  Steamed Brown Rice</li> <li>General Tso's Chicken</li> <li> Teriyaki Salmon with Lemon Green Beans</li> <li>Fortune Cookies</li> </ul> </li> </ul>	<p>200 Cal/3 oz. serving</p> <p>180 Cal each</p> <p>50 Cal/1 oz. serving</p> <p>40 Cal/ 1 oz. serving</p> <p>45 Cal/1 oz. serving</p> <p>210 Cal/5.5 oz. serving</p> <p>370 Cal/8 oz. serving</p> <p>100 Cal/3 oz. serving</p> <p>30 Cal each</p>
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**Looking to create your own Themed Buffet  
or unique Custom Buffet?**

Contact us at [dining@txwes.edu](mailto:dining@txwes.edu) / 817.531.4490 to explore more options and personalize your buffet to fit your event.

## THEMED BUFFETS

All prices are per person and available for 10 guests or more.  
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### All-American Picnic \$16.99

Traditional Potato Salad	240 Cal/4 oz. serving
Fresh Country Coleslaw	170 Cal/3.5 oz. serving
Home-Style Kettle Chips	200 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray (Lettuce, Onions, Pickles and Tomatoes)	0-10 Cal/1 oz. serving
Assorted Craveworthy Cookies	210-260 Cal each
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Add on Vegetarian Burgers for an Additional Fee	450 Cal each
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

### Basic Italian Buffet \$19.29

Italian House Salad	50 Cal/3.5 oz. serving
Garlic Breadsticks	110 Cal each
Home-Style Lasagna with Parmesan Cheese	340 Cal/7.25 oz. serving
Choice of One (1) Vegetarian Lasagna:	
Cauliflower Lasagna	420 Cal/8.375 oz. serving
Vegetable Alfredo Lasagna	470 Cal/11 oz. serving
Chocolate Dipped Biscotti	190 Cal each

\*All packages include necessary accompaniments and condiments

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# BUFFETS

### Tasty Tex Mex \$18.49

Tortilla Chips	90 Cal/1 oz. serving
Mexican Rice	130 Cal/3 oz. serving
Charro Beans	90 Cal/3 oz. serving

Choice of One (1) Type of Fajitas:

Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream 590 Cal/5 oz. serving

Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream 580 Cal/5 oz. serving

Choice of Two (2) Salsas:

Pico De Gallo	10 Cal/1 oz. serving
Salsa Verde	10 Cal/1 oz. serving
Salsa Roja	20 Cal/1 oz. serving
Cinnamon Crisps	20 Cal each

Include both Chicken and Beef Fajitas for \$1.75 per person












# BUFFETS

## CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### Buffet Starters















   Seasonal Garden Salad with Balsamic Vinaigrette	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
 Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	180 Cal/3.75 oz. serving
 Antipasto Salad	130 Cal/3 oz. serving
   Seasonal Fresh Fruit Salad	40 Cal/2.25 oz. serving
 Caprese Salad	140 Cal/3.5 oz. serving

### Buffet Entrées







Asiago Chicken in a Roasted Red Pepper Sauce \$18.49	310 Cal/5 oz. serving
 Grilled Lemon Rosemary Chicken \$18.49	130 Cal/3 oz. serving
Chicken Stuffed with Sun-Dried Tomato and Basil Goat Cheese \$19.99	280 Cal/4.5 oz. serving
 Honey Mustard Pork Loin \$17.69	220 Cal/4 oz. serving
 Maple Dijon Salmon \$20.99	200 Cal/4 oz. serving
Roast Beef with Demi Glace \$20.99	260 Cal/6 oz. serving
  Vegan Chorizo Stuffed Portobello Cap \$20.99	330 Cal each



### Buffet Sides

  Pan Roasted Vegetables	45 Cal/3 oz. serving
   Zucchini, Tomato and Squash Blend	40 Cal/3.5 oz. serving
   Italian Seasoned Green Beans	40 Cal/3.25 oz. serving
   Garlic Roasted Broccoli	40 Cal/1.76 oz. serving
 Buttermilk Mashed Potatoes	120 Cal/3.75 oz. serving
 Roasted Red Potatoes	100 Cal/2.75 oz. serving
 Savory Herbed Rice	140 Cal/4 oz. serving

### Buffet Finishes

 Apple Pie	410 Cal/slice
 Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
 New York-Style Cheesecake	440 Cal/slice
 Spiced Carrot Cake	360 Cal/slice
 Chocolate Cake	270 Cal/slice
 Chocolate Mousse	100 Cal each

## HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

### Reception Hors d'oeuvres (Hot)

Beef Empanadas \$23.99	70 Cal each
🍷 Brie, Pear and Almond Beggar's Purses \$25.99	90 Cal each
Chicken Empanadas \$23.99	70 Cal each
Coconut Chicken \$23.99	40 Cal each
Coconut Shrimp \$31.89	45 Cal each
🍷 Crispy Asiago Asparagus \$23.99	50 Cal each
Assorted Mini Quiche \$21.99	70-90 Cal each
🍷 Spanakopita \$22.99	70 Cal each
🍷 Mini Vegetable Spring Roll \$13.99	110 Cal each

## Unsure of how many items and how much to order for your reception?

Contact your catering events specialist to discuss the proper amounts needed for a reception.

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# RECEPTIONS

### Reception Hors d'oeuvres (Cold)

🍷 🍷 🍷 Gazpacho Shooter \$20.89	30 Cal/2 oz. serving
🍷 Bruschetta Crostini \$18.09	50 Cal each
Salmon Tartine \$21.39	110 Cal each
Chicken Cobb Tartine \$18.69	150 Cal each
🍷 Shrimp and Avocado Toast Points \$19.79	70 Cal each
Shrimp Cocktail Market Price	70 Cal each



# RECEPTIONS

## RECEPTION PLATTERS AND DIPS

All prices are per person and available for 10 guests or more.

### **Classic Cheese Tray** \$4.39 Per Person

✔ Classic Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini 290 Cal/2.75 oz. serving

### **Fresh Garden Crudités** \$3.59 Per Person

✔ PF Fresh Garden Crudités with Ranch Dill Dip 120 Cal/5 oz. serving

### **Fresh Seasonal Fruit Platter**

✔ GF PF \$2.89 Per Person 40 Cal/2.5 oz. serving

### **Hummus with Pita Chips** \$4.39 Per Person

✔ GF PF Hummus with Pita Chips 250 Cal/4.5 oz. serving

### **Mexican Style Roasted Street Corn Dip** \$4.29 Per Person

✔ Roasted Street Corn Dip served with House-Made Tortilla Chips 100 Cal/2 oz. serving



## May we suggest a Served Meal or Reception?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at (817)-531-4490 to arrange a personal consultation.

\*All packages include necessary accompaniments and condiments
















2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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## RECEPTION STATIONS

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

### Grown Up Mac and Cheese \$14.79

<ul style="list-style-type: none"> <li> Chipotle Macaroni and Cheese</li> <li>Choice of Three (3) Proteins:           <ul style="list-style-type: none"> <li> Grilled Chicken Breast</li> <li> Sautéed Shrimp</li> <li> Pulled Pork</li> <li> Diced Ham</li> </ul> </li> <li>   Roasted Mushrooms</li> <li>   Peas</li> <li>   Broccoli Bits</li> <li> Scallions</li> </ul>	<ul style="list-style-type: none"> <li>460 Cal/8 oz. serving</li> <li>160 Cal/3 oz. serving</li> <li>100 Cal/4 oz. serving</li> <li>290 Cal/3 oz. serving</li> <li>70 Cal/2 oz. serving</li> <li>90 Cal/3 oz. serving</li> <li>70 Cal/3 oz. serving</li> <li>40 Cal/1.76 oz. serving</li> <li>0 Cal/0.25 oz. serving</li> </ul>
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### Soft Pretzel Bar \$5.49

<ul style="list-style-type: none"> <li> Hot Pretzels</li> <li>Choice of Three (3) Dipping Sauces:           <ul style="list-style-type: none"> <li> Honey Mustard Sauce</li> <li> Spicy Mustard Sauce</li> <li> Yellow Mustard Sauce</li> <li> Nacho Cheese Sauce</li> <li> Vegan Cheddar Cheese Sauce</li> <li> Cajun Cheese Sauce</li> <li> Buffalo Blue Sauce</li> <li> Chocolate Sauce</li> <li> Caramel Sauce</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>170 Cal each</li> <li>130 Cal/1 oz. serving</li> <li>30 Cal/1 oz. serving</li> <li>20 Cal/1 oz. serving</li> <li>40 Cal/1 oz. serving</li> <li>60 Cal/1 oz. serving</li> <li>60 Cal/1 oz. serving</li> <li>30 Cal/1 oz. serving</li> <li>70 Cal/1 oz. serving</li> <li>100 Cal/1 oz. serving</li> </ul>
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### Top your own Pound Cake Bar \$10.99













<ul style="list-style-type: none"> <li> Pound Cake Slices</li> <li> Sugared Strawberries</li> <li> Apple-Brown Sugar Compote</li> <li> Cherry Compote</li> <li> Fresh Blueberries</li> <li> Chocolate Sauce</li> <li> Whipped Cream</li> </ul>	<ul style="list-style-type: none"> <li>100 Cal each</li> <li>60 Cal/2 oz. serving</li> <li>80 Cal/2 oz. serving</li> <li>60 Cal/2 oz. serving</li> <li>30 Cal/2 oz. serving</li> <li>70 Cal/1 oz. serving</li> <li>50 Cal/0.5 oz. serving</li> </ul>
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# RECEPTIONS






## BREAKS

All prices are per person and available for 10 guests or more.

### The Healthy Alternative \$8.99

<ul style="list-style-type: none"> <li>  Apples</li> <li>   Oranges</li> <li>   Bananas</li> <li> Pears</li> <li> Individual Yogurt Cups</li> <li> Trail Mix</li> <li> Granola Bars</li> </ul>	<ul style="list-style-type: none"> <li>60 cal each</li> <li>50 cal each</li> <li>100 cal each</li> <li>90 cal each</li> <li>80-150 Cal each</li> <li>290 cal each</li> <li>190 cal each</li> </ul>
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### Snack Attack \$6.79

<ul style="list-style-type: none"> <li> Individual Bags of Chips</li> <li> Roasted Peanuts</li> <li> Trail Mix</li> <li> Assorted Craveworthy Cookies</li> <li> Bakery-Fresh Brownies</li> </ul>	<ul style="list-style-type: none"> <li>100-160 Cal each</li> <li>170 Cal/1 oz. serving</li> <li>290 Cal each</li> <li>210-260 Cal each</li> <li>250 Cal/2.25 oz. serving</li> </ul>
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### Coffee Break \$4.89

<ul style="list-style-type: none"> <li> Assorted Craveworthy Cookies</li> <li>Starbucks Coffee, Decaf and Hot Tea</li> </ul>	<ul style="list-style-type: none"> <li>210-260 Cal each</li> <li>0 Cal/8 oz. serving</li> </ul>
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# BEVERAGES & DESSERTS

## BEVERAGES

Includes appropriate accompaniments

Starbucks Regular or Decaf Coffee \$2.49 Per Person	0 Cal/8 oz. serving
Hot Water with Assorted Teavana Tea Bags \$2.49 Per Person	0 Cal/8 oz. serving
Bottled Water \$1.99 Each	0 Cal each
Assorted Sodas (Can) \$1.99 Each	0-150 Cal each
Hot Chocolate \$17.99 Per Gallon	160 Cal/8 oz. serving
Iced Tea \$15.99 Per Gallon	5 Cal/8 oz. serving
Lemonade \$15.99 Per Gallon	90 Cal/8 oz. serving
Assorted Fruit Juices \$15.99 Per Gallon	120-130 Cal/8 oz. serving
Iced Water \$.99 Per Gallon	0 Cal/8 oz. serving
Infused Water \$7.99 per gallon	
Choice of One (1) Fruit Infused Water:	
Lemon Infused Water	0 cal/8 oz. serving
Orange Infused Water	10 cal/8 oz. serving
Apple Infused Water	20 cal/8 oz. serving
Cucumber Infused Water	10 cal/8 oz. serving
Grapefruit Infused Water	10 cal/8 oz. serving



🌱 Vegetarian
🌿 Vegan
🍷 Eat Well
🌱 Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## DESSERTS

🌱 Assorted Craveworthy Cookies \$14.79 Per Dozen	210-260 Cal each
🌱 Bakery-Fresh Brownies \$16.49 Per Dozen	250 Cal/2.25 oz. serving
🌱 Gourmet Dessert Bars \$17.19 Per Dozen	300-360 Cal/2.75-3.25 oz. serving
Custom Artisan Cupcakes \$19.49 Per Dozen	
🌱🌿 Chocolate Cupcake with Fudge Icing	480 Cal each
🌱 Vanilla Cupcake	380 Cal each
🌱 Bananas Foster Cupcake	180 Cal each
🌱 Devil's Food Cupcake	380 Cal each
🌱 Luscious Lemon Squares \$16.99	300 Cal each

## Ordering Information

### Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

### Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

## Contact Us Today

817.531.4490  
[dining@txwes.edu](mailto:dining@txwes.edu)  
[www.twuc.catertrax.com](http://www.twuc.catertrax.com)

Prices effective until 07/01/2023  
 Prices may be subject to change